

VIRTUAL VOLUNTEERING & OTHER LIMITED/NO-CONTACT SERVICE IDEAS

Below are a variety of possible service activities you can do while we are not able to come to school or go out as normal. Some are “Virtual Volunteering”, others are things you can do in your own neighborhood with limited/no contact with others.

1. Bake Goods for local elderly neighbors (leave on doorstep).
2. Pick up groceries for elderly neighbors (leave on doorstep).
3. Mow lawns of elderly neighbors.
4. Send notes of kindness and supplies (masks/gloves/etc.) to a local veterinary clinic. They would love help with supplies and notes of encouragement!
5. Contact a local nursing home and get the names of all the residents from a wing of their center – write them each a personal note of encouragement and support and mail them.
6. Create hygiene kits and mail or drop them off at a homeless shelter (some examples include: Guadalupe Center, Fred Jordan Mission, LA Mission, Union Rescue Mission, Midnight Mission, and The Catholic Worker).
7. Organize a contactless food or supply drive in your neighborhood: Put flyers on the doors of your neighborhood announcing what you are collecting and why/where it will go. Let them know a date/time (about 4 days after the flyer is posted) that you will come around to collect donations. Have them leave the donations in front of their door. On that date/time go around and collect the donations then drop them off at the shelter/etc. you were collecting for.
8. Contact a grade school that is also shut down and see if you are able to offer virtual tutoring to any of their students.
9. If you feel the need to get out of the house (we are not promoting this activity unless safety precautions are taken gloves/masks/etc. and this must be done at your own risk and in/through your own/parents’ own conscience) Food Banks are very understaffed right now and are in great need, you can volunteer at one of them to

sort food for those in need (The LA Food Bank is the main one we have partnered with as a school).

10. Cook and deliver meals to area shut ins - contact your local Church for names of those that are homebound and shut in. They will often be glad to coordinate a meal delivery with you for them!
11. Sew masks for area hospitals - there are plenty of how-tos online, and Jo-Ann Fabrics is even willing to donate fabric for the cause!
12. Volunteer online to a campaign to enact real-world change. DoSomething empowers young people to enact social change both online or off. [**DoSomething.org**](https://www.dosomething.org).
13. Volunteer to be an Online Ambassador with [**Ark of Hope for Children**](#).
14. Volunteer to Translate with [**Translators without Borders**](#).
15. Give well-deserved Treats for Troops through [**Soldiers Angels Treats for Troops**](#).
16. Write Letters to Troops through [**A Million Thanks**](#) or [**Operation Stars and Stripes**](#)
17. Be an online emotional support person at [**7 Cups**](#).
18. Help kids in need when you organize an [**online fundraiser for Operation Warm**](#).
19. Make a global difference with the [**United Nations**](#).
20. Lend your eyes to solve tasks for blind and low vision people. Visit [**Be My Eyes**](#).
21. Identify New York Wildlife, map our galaxy or assist researchers in many other ways with [**Zooniverse**](#).
22. Sew emotional support blankets for [**Binky Patrol**](#) or [**Project Linus**](#).
23. Proofread ebooks for [**Project Gutenberg**](#).
24. Transcribe documents [**for the Smithsonian**](#).
25. Track bird populations with [**eBird**](#).
26. Answer texts from people in crisis using active listening and collaborative problem solving with [**Crisis Text Line**](#).
27. Crochet or knit afghan squares that will help build blankets for both babies and adults. Send them to [**Warm Up America**](#).
28. Record audiobooks for [**Librivox**](#).
29. Transcribe historical documents for the [**Smithsonian**](#).

30. Send a card, letter or note once a week to someone undergoing chemotherapy. Apply at [Chemo Angels](#).
31. Share your voice and help drive innovation in voice technology through [VocaliD](#).
32. Provide learning and encouragement to children around the world via Skype and the [Granny Cloud](#) website.
33. Test, evaluate or develop elements of the [National Park Service](#)'s online presence.
34. Raise money in a virtual world with [The American Cancer Society](#) and Second Life.
35. Develop video games to help [App to Succeed](#) teach youth in need how to make good financial decisions.
36. Train others in technology to help overcome poverty with [Right Here at Home](#).
37. Share social media posts and important announcements for Operation Warm. [Contact Operation Warm](#)
38. Help Harvard researchers learn the best ways to break down stereotypes by taking tests with [Project Implicit](#).
39. Look at satellite images of storm and help researchers predict cyclone behavior with [Cyclone Center](#).
40. Check out this great list from [Coyote Communications](#) to find virtual positions for causes you are passionate about.

Look for Virtual Volunteer opportunities posted on the following sites:

VolunteerMatch: Lists ways to support a broad range of causes, including education, the environment, homelessness and many more.

volunteermatch.org

United Nations Volunteers (UNV): Connects volunteers to opportunities to address sustainable development challenges around the world. unv.org

All for Good: Includes detailed descriptions of volunteer positions as well as estimated time commitments. allforgood.org

Idealist.org: Use the "Take Action" or "Find and Action" link to look for volunteer opportunities Idealist.org

Catchafire.org: Great resource for posting and sharing skills and volunteering:
Catchafire.org

AmeriCorps & Senior Corps: National and Community Service Database:
Serve.gov

This list has been compiled from a variety of online resources as well as through brainstorming efforts of Crespi Carmelite High School's Campus Ministry Program. We thank them for their time and effort.